Safety and Regulations

Any natural area has inherent dangers that you must be aware of to avoid injury or accidents. Caution! Don’t break your neck. Do not dive or jump into the river. Swim only in clear, calm water and check below the surface for submerged objects and water depth.

Never enter a cave alone and always take at least three dependable sources of light. Tell a friend where you are going and the anticipated time of return. Obey closure signs. Bury all human waste at least 100 feet from the river or springs. Carry out all garbage.

Locally heavy rains cause rivers and streams to rise rapidly. Pick campsites that allow an escape route.

Treat all water from natural sources, such as springs and streams, before drinking. Boiling it for at least five minutes is recommended.

Note: none of these limits apply from two miles above to two miles below Eminence and Van Buren.